

St. Benedict Parish  
13<sup>th</sup> Sunday in Ordinary Time  
Mass Hymn sheet

Gathering Hymn

HOW FIRM A FOUNDATION

FOUNDATION



1. How firm a foundation, you saints of the Lord,
2. "Fear not, I am with you, O be not dis-mayed,
3. "When through the deep waters I call you to go,
4. "The soul that on Je - sus still leans for re - pose,



1. Is laid for your faith in his ex - cel - lent Word!
2. For I am your God, and will still give you aid;
3. The riv - ers of woe shall not you o - ver - flow;
4. I will not, I will not de - sert to its foes;



1. What more can he say than to you he has said,
2. I'll strength - en you, help you, and cause you to stand,
3. For I will be with you, your trou - bles to bless,
4. That soul, though all hell should en - deav - or to shake,




1. To you who for ref - uge to Je - sus have fled?
2. Up - held by my righ - teous, om - nip - o - tent hand."
3. And sanc - ti - fy to you, your deep - est dis - tress."
4. I'll nev - er, no nev - er, no nev - er for - sake!"

Text: 11 11 11 11; "K" in Rippon's *A Selection of Hymns*, 1787.  
Music: Funk's *A Compilation of Genuine Church Music*, Winchester, VA, 1832.

## Responsorial Psalm

### PSALM 30: 13TH SUNDAY IN ORDINARY TIME, YEAR B

Owen Alstott



**R. I will praise you, Lord, for you have res - cued me.**

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## Gospel Acclamation

### GOSPEL ACCLAMATION: ALLELUIA No. VI



**R. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.**

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## Serran Prayer for Vocations

O God, Who wills not the death of a sinner, but rather that he be converted and live, grant that we beseech You through the intercession of Blessed Mary, ever Virgin, Saint Joseph, her spouse, Saint Junipero Serra, and all the saints, an increase of laborers for your Church, fellow laborers with Christ to spend and consume themselves for souls, through the same Jesus Christ, Your Son, Who lives and reigns with You, in the unity of the Holy Spirit, One God forever and ever.

Amen.

# Preparation Hymn

# 180

# Keep In Mind

Lucien Deiss

ANTIPHON

Keep in mind that Je-sus Christ has died for us and is ris-en from the  
dead. He is our sav-ing Lord, he is joy for all a - ges. (◡) *Fine*

VERSES 1&2

1. If we die with the Lord, we shall live with the Lord.  
2. If we en - dure with the Lord, we shall reign with the Lord. to Antiphon

VERSES 3-6

3. In him all our sor - row, in him all our joy.  
4. In him hope of glo - ry, in him all our love.  
5. In him our re - demp - tion, in him all our grace.  
6. In him our sal - va - tion, in him all our peace. to Antiphon

# HOLY

*Heritage Mass*  
Owen Alstott

Ho-ly, Ho-ly, Ho - ly Lord God of hosts. Heav'n and earth are  
full of your glo - ry. Ho - san-na! Ho-san-na in the high - est.  
Blessed is he who comes in the name of the Lord.

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# WE PROCLAIM YOUR DEATH

*Heritage Mass*  
Owen Alstott

We pro - claim your Death, O Lord, and pro - fess your  
Res-ur-rec-tion un - til you come, un - til you come a - gain.

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# AMEN

*Heritage Mass*  
Owen Alstott

A - men, a - men, a - men.

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# LAMB OF GOD

*Heritage Mass*  
Owen Alstott

Lamb of God, you take a - way the sins of the

world, have mer-cy on us. world, grant us peace.

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# Communion Hymn

## You Satisfy the Hungry Heart

### Refrain



You sat - is - fy the hun - gry heart With



gift of fin - est wheat; Come give to us, O



sav - ing Lord, The bread of life to eat.

### Verses



1. As when the shep - herd calls his sheep, They
2. With joy - ful lips we sing to you Our
3. Is not the cup we bless and share The
4. The mys - t'ry of your pres - ence, Lord, No
5. You give your - self to us, O Lord; Then



know and heed his voice; So when you call your  
praise and grat - i - tude, That you should count us  
blood of Christ out - poured? Do not one cup, one  
mor - tal tongue can tell: Whom all the world can -  
self - less let us be, To serve each oth - er



fam - 'ly, Lord, We fol - low and re - joice.  
wor - thy, Lord, To share this heav'n - ly food.  
loaf, de - clare Our one - ness in the Lord?  
not con - tain Comes in our hearts to dwell.  
in your name In truth and char - i - ty.

## Recessional Hymn

# AMERICA THE BEAUTIFUL

MATERNA



1. O beau - ti - ful for spa - ci - ous skies, For am - ber waves of grain,
2. O beau - ti - ful for pil - grim feet, Whose stern, im - pas - sioned stress
3. O beau - ti - ful for he - roes proved In lib - er - at - ing strife,
4. O beau - ti - ful for pa - triot dream That sees be - yond the years



1. For pur - ple moun - tain maj - es - ties A - bove the fruit - ed plain!
2. A thor - ough - fare for free - dom beat A - cross the wil - der - ness!
3. Who more than self their coun - try loved, And mer - cy more than life!
4. Thine al - a - bas - ter cit - ies gleam, Un - dimmed by hu - man tears!



1. A - mer - i - ca! A - mer - i - ca! God shed his grace on thee,
2. A - mer - i - ca! A - mer - i - ca! God mend thine ev - 'ry flaw,
3. A - mer - i - ca! A - mer - i - ca! May God thy gold re - fine,
4. A - mer - i - ca! A - mer - i - ca! God shed his grace on thee,



1. And crown thy good with broth - er - hood From sea to shin - ing sea.
2. Con - firm thy soul in self - con - trol, Thy lib - er - ty in law.
3. Till all suc - cess be no - ble - ness, And ev - 'ry gain di - vine.
4. And crown thy good with broth - er - hood From sea to shin - ing sea.

Text: CMD; Katherine L. Bates, 1859–1929. Music: Samuel A. Ward, 1848–1903.

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## Prayer to St. Michael the Archangel

St. Michael the Archangel, defend us in battle.

Be our defense against the wickedness and snares of the Devil.

May God rebuke him, we humbly pray, and do thou,

O Prince of the heavenly hosts, by the power of God,

thrust into hell Satan, and all the evil spirits,

who prowl about the world seeking the ruin of souls. Amen.